

# Urva Fanka

Origin: Macedonia

Source: Atanas Kolarovski

Rhythm: 2/4

Formation: open circle, facing centre, hands joined and held in “W” position.

Measures:      Counts:      Pattern:

| <u>Measures</u> : | <u>Counts</u> : | <u>Pattern</u> :   |
|-------------------|-----------------|--|
|                   |                 | <b>Figure 1:</b>   |
| 1                 | 1 – 2           | Step sideways on R foot.   |
| 2                 | 3               | Step on L foot crossed behind R foot.  |
|                   | 4               | Step sideways on R foot.   |
| 3                 | 5 – 6           | Step on L foot crossed in front of R foot  |
| 4                 | 7 – 8           | Raise R knee in front with a bounce on the L foot.   |
| 5 – 6             | 9 – 12          | Moving to the Right and elevating slightly with an up-down movement: step on R foot, close L beside R, step on R and close L beside R. Hands will do a small up-down movement. |
| 7                 | 13 – 14         | Step on R foot to the Right  |
| 8                 | 15 – 16         | Raise the Left knee in front and bounce on the R foot.   |
| 9                 | 17 – 18         | Step on L foot to the left   |
| 10                | 19 – 20         | Raise Right knee in front and bounce on the L foot.  |

| <u>Measures</u> : | <u>Counts</u> : | <u>Pattern</u> :                                  |
|-------------------|-----------------|---|
|                   |                 | <b>Figure 2:</b>                                  |
| 1 – 4             | 1 – 8           | Repeat measures 1 – 4, Figure 1.                  |
| 5                 | 9 – 10          | Facing slightly in LOD, step on R foot            |
| 6                 | 11 – 12         | Step on L foot.                                   |
| 7                 | 13 – 14         | Step on R foot turning to face centre.            |
| 8                 | 15 – 16         | Lift L knee in front and bounce on R foot.        |
| 9                 | 17 – 18         | Still facing centre: step slightly back on L foot |
| 10                | 19 – 20         | Step slightly back on R foot                      |
| 11                | 21              | Step on L foot slightly forward                   |
|                   | 22              | Step on R foot slightly back                      |
| 12                | 23              | Step on L foot in place.                          |
|                   | 24              | Hold  |

Presented by Dale Hyde  
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